

# EXAMPLE COMPLETED FORM FOR INTERN ASSESSMENT AND FEEDBACK – CbD - ORAL THRUSH SCENARIO

| Intern name Intern CBD-B Ahpra registration PHA000XYZ123 |
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## Instructions for interns

Select a case and seek agreement with your supervisor. Enter summary case details in section 1 to help you remember the case. Prepare for case-based discussion with your supervisor and complete section 2 before the discussion. You should set time aside for your case summary presentation and discussion. Present your case. Formulate a development plan (Section 5) based on the feedback received.

#### Instructions for supervisors

Check that the case selected is appropriate for intern stage of learning. Set time aside for intern's case presentation and discussion. Document your observations about the intern's presentation in Section 3. Discuss your observations and the intern's self-reflection and document your feedback in Section 4. Ask the intern to create a SMART development plan and review it (Section 5).

## Section 1: Case details (To be completed by intern)

| Practice setting:  Hospital  Community  Other (describe):   | Case complexity (discuss this with your supervisor)<br>□ Low ⊠ Medium □ High |  |  |  |
|---|--|--|--|--|
| Therapeutic area*(s)/clinical setting   | Pulmonary rehab education group/inhaler technique                            |  |  |  |
| Short description of the case: 68 year old identifying as female in the pulmonary rehab clinic. Chief complaint of a funny taste in her mouth |  |  |  |  |

Short description of the case: 68 year old identifying as female in the pulmonary rehab clinic. Chief complaint of a funny taste in her mouth. Tongue covered in while plaque like lesions. She has Type 2 diabetes, recent asthma diagnosis and suffers from seasonal allergic rhinitis. Takes metformin XR 500mg in the morning, Seretide 250/25 MDI – I puff twice daily and Salbutamol inhaler as needed. Also on mometasone nasal spray and hydrocortisone cream as needed. She struggled to use her inhaler when asked to demonstrate.

# Section 2: Intern reflection

| What I have done well in my case preparation   | What is challenging about this case?  |  |  |
|--|---|--|--|
| <ul> <li>I was able to identify the patient's presenting complaint and the likely cause of their symptoms.</li> <li>I suggested and demonstrated the correct technique with the use of the inhaler (MDI) and spacer to the patient explaining the care instructions for both devices</li> <li>I was able to offer both pharmacological and non-pharmacological support to treat the patient's oral thrush she was experiencing.</li> </ul> | <ul> <li>I found it challenging to identify that the patient's diabetes may have contributed to her developing oral thrush, and that she was at an increased risk of reoccurrence if she had poorly controlled diabetes.</li> <li>I did not determine if her diabetes was controlled or not at present, but I did identify that she was on diabetes medication.</li> <li>I counselled the patient on nystatin (Nilstat®) drops as it was the preferred treatment for this patient due to its formulation, however when counselling the patient, I forgot to tell her how long to use the product for, after her symptoms resolved even though I knew this information.</li> </ul> |  |  |

#### Section 3: Assessment rubric

| Below<br>expectations | Intern's performance meets expectations in few, if any, aspects of the criterion; major concerns exist about the intern's demonstrated performance |
|-----------------------|--|
| Borderline            | Meets expectations for some aspects of the criterion but not others; some concerns exist about the intern's demonstrated performance               |
| Meets<br>expectations | Comfortably meets expectations for most or all aspects of the criterion; no major concerns exist with the intern's demonstrated performance        |

\*Expectations are RELATIVE to the current experience and stage of internship; expectations will increase throughout the year and should be discussed and agreed between the intern and supervisor when selecting each case.



#### Assessment criteria (not exhaustive): To be completed by Supervisor

| Criterion: The intern's   | Below<br>expectations | Borderline  | Meets<br>expectations | Not<br>applicable |
|---|-----------------------|-------------|-----------------------|-------------------|
| Explanation/presentation of case background including presenting condition or problem, medical history, medication history, other relevant background information                 |                       |             | $\boxtimes$           |                   |
| Identification and prioritisation of patient problems and needs   |                       | $\boxtimes$ |                       |                   |
| Formulation of appropriate recommendations for pharmacotherapy including evidence based, consideration of benefits and risks (e.g., side effects, precautions, drug interactions) |                       |             |                       |                   |
| Identification of relevant non-pharmacological measures   |                       | $\boxtimes$ |                       |                   |
| Formulation of appropriate follow-up and/or referral  |                       |             |                       |                   |
| Explanation of appropriate and feasible patient self-management strategies  |                       | $\boxtimes$ |                       |                   |
| <i>If relevant</i> : Communication with patient and/or carer including counselling on therapies, benefits, risks, follow-up and self-management                                   |                       |             |                       |                   |
| Reflections on the case and its outcomes  |                       |             | $\boxtimes$           |                   |
| Other relevant aspects of the case (explain)  |                       |             |                       | $\boxtimes$       |

## **Section 4: Supervisor Feedback**

KEEP: (focuses on actions or behaviours an intern should continue doing which are having positive effect on task performance)

- Keep talking to patients and obtaining an appropriate medical and medication history from the patient.
- Well done with picking up on oral thrush and recommending nystatin
- Keep demonstrating correct technique for administration of medication to patients such as asthma inhalers. Well done!

START: (focuses on actions or behaviours an intern should commence to improve task performance)

• Start considering and looking up underlying factors and medical conditions that could increase patients' susceptibility to developing certain conditions. For example diabetes increased risk of oral thrush in this case.

STOP: (focuses on actions or behaviours an intern should reduce or stop which are, or may have, a negative effect on task performance)
 Don't hesitate to provide comprehensive information to patients. It is better to repeat key points and reinforce advice to patients. For example in this case how long to use nystatin.

#### Section 5: Development plan

Even if the intern meets all expectations, it is likely that further improvements to some aspects of the activity are still possible. The intern should create a SMART development plan based on feedback and discussion. Interns are encouraged to check in with their supervisors within a reasonable time on the plan. This plan can be maintained in the Intern's individualised development/learning plan. An excel template for Intern individualised learning/development plan is available at <a href="http://www.pharmacycouncil.org.au/workplace-based\_assessment/">www.pharmacycouncil.org.au/workplace-based\_assessment/</a>.

#### A SMART development plan is: Specific-Measurable-Achievable-Relevant-Timebound.

- S To develop a better understanding of the conditions and presenting symptoms that patients with diabetes are at risk for.
- M Present and discuss at least 2 diabetic cases with my supervisor
- A We see a lot of diabetic patients in the clinic, so I will be able to identify 2 cases.
- R The pulmonary clinic receives many elderly clients who also have diabetes.
- T- within the next month before I start another clinic.

# Date: 1/01/2024